

2017 Snowflake Classic

Sponsored by The Southwest Ice Arena & Glenwood FSC 5505 127th St. - Crestwood, II 60445 Sunday, November 12, 2017

The Snowflake Classic, sponsored by the Southwest Ice Arena & Glenwood FSC, will be held at the Southwest Ice Arena, on <u>Sunday</u>, <u>November 12</u>, 2017. The ice surface at the Southwest Ice Arena measures 200 x 85 feet with rounded corners.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate Program/Club or any other Learn to Skate Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and LEARN TO SKATE SKATERS THROUGH BASIC 6 must skate at highest level passed or one higher and NO official U.S. Figure Skating tests may have been passed including MIF or Individual Dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

ENTRIES AND FEES:

Online registration: Online registration is preferred and is available via a secured credit card transaction at <u>www.gfsc.org</u>, serviced by Entryeeze. Registration must be completed by midnight, October 15, 2017. Upon receiving your application online an email will be sent to the skater's coach to verify accuracy of entry. An official at the skater's home club will also be notified to certify the skater's standing within the club.

Paper registration: Paper registration and payment by check will be accepted. Mail in entries must be post-marked no later than October 15, 2017. Mail registration form(s) with check payable to the Glenwood FSC to: Glenwood Figure Skating Club, % Deborah Swanson, 12212 South 68th Court, Palos Heights, IL 60463. Please note that your coach/instructor is required to sign your application form verifying your level of competition and the events you are competing in. <u>There is an additional \$5 charge for each paper registration.</u>

Entry fees are per person. The first event is \$65 and each additional event is \$15. A FREE DVD is provided for the first event. This will be available for pick up in the lobby. No refunds after the closing date unless an event is canceled. There will be a fee for returned checks. Late entries will be accepted at the discretion of the referee.

AWARDS: Everyone will receive an award. All events will be final rounds. Medals will be awarded to first, second, and third places. ALL other places will receive ribbons. ALL awards will be made at appropriate times throughout the competition.

SCHEDULE OF EVENTS: The schedule of events will be posted on the Official Bulletin Board and will be posted on the Glenwood FSC WEB page, <u>www.gfsc.org</u>, no later than five days prior to competition and will include groups and skating times.

PRACTICE ICE: Practice ice will be available for purchase online via Entryeeze or at the Registration desk. Pre-paid practice ice is available for a cost of \$10 for each 20 minute session. Skaters will be able to select their own practice ice sessions online but you must indicate the number of sessions you want during the registration process and it must be pre-paid with your entry. Practice ice will sold the day of the competition, if available, for \$12 per 20 minute session.

MUSIC: The music for all free skating programs must be provided on CD's by the skater. CD's should be clearly marked with the name of the skater, event entered and length of music (not skating time). Competition music is to be turned in at registration. CD-RW formats are not allowed. Time duration is always +/- 10 seconds.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A,B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Basic Skills ONLY coaches - Any person, 18 and older, instructing in a U.S. Figure Skating Basic Skills Program must have successfully passed the annual background screen and be registered as a Basic Skills instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – <u>no exceptions</u>. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf **VIDEO TAPING:** Videotaping will be provided by **Chicago Star Productions**, <u>http://www.chicagostarproductions.com</u>. Each skater receives one DVD of their event.

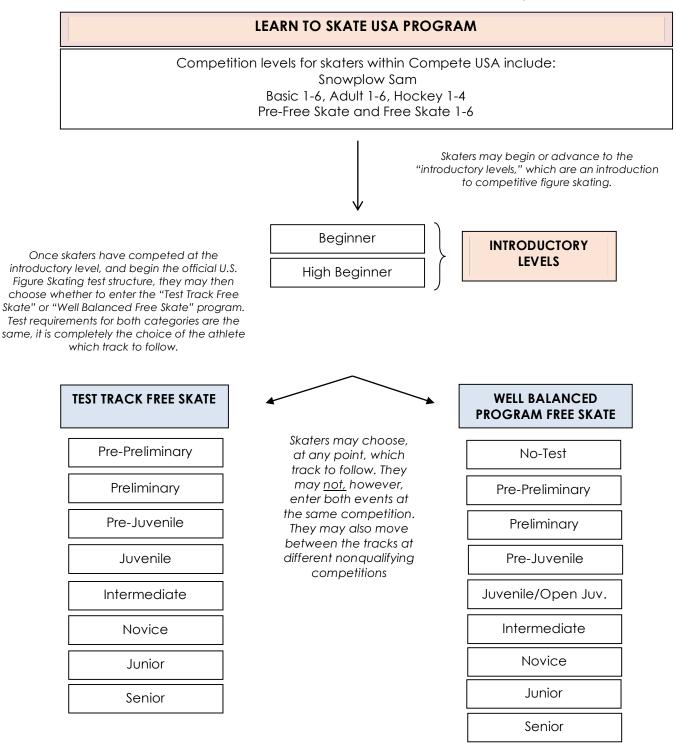
CONTACTS: For information about this announcement or application information contact Deborah Swanson, <u>kramerswanson@at.net</u>. For information about the events, the requirements or the facility contact, Paula Bowsman, <u>paulabowsman@sbcglobal.net</u>

The following events, with their requirements, will be available at the competition.



ILLUSTRATION OF THE PROGRESSION THROUGH THE LEVELS OF U.S FIGURE SKATING

Singles athletes begin with the Learn to Skate USA program, then progress to the "introductory levels," and finally choose whether to follow the test track or Well Balanced program category. Athletes may choose to move between test track and Well Balanced program at any point.





EVENT: Basic Elements: SNOWPLOW SAM - BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the <u>order listed below</u> (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:00 max.	Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:00 max.	Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:00 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:00 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6
		consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		 Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:00 max.	Forward outside edge on a circle, clockwise or counter clockwise
		Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
		Backward crossovers, 4-6 consecutive, both directions
Basic 5	1:00 max.	Advanced two-foot spin, 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:00 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left



EVENT: Basic Program: SNOWPLOW SAM - BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:10 max.	Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	 Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6
		consecutive
		Forward slalom
		 Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	 Forward outside edge on a circle, clockwise or counter clockwise
		 Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	 Backward crossovers, 4-6 consecutive, both directions
Basic 5		 Advanced two-foot spin, 4-6 revolutions
		 Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		 Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry
		T-stop, right or left



EVENT: Pre-Free Skate – Free Skate 6 Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	 Forward inside open Mohawk from a standstill position (R to L and L to R) Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise
		 One-foot upright spin, optional entry and free-foot position (minimum three revolutions
		Mazurka
		Waltz jump
		Forward power stroking, 4-6 consecutive strokes
Free Skate 1	1:15 max.	 Backward outside three-turns, right and left
		 Upright spin, entry from backward crossovers - minimum 4-6 revolutions
		Toe loop
		Half flip jump
		Alternating forward outside and inside spirals on a continuous axis (2 sets)
Free Skate 2	1:15 max.	Backward inside three-turns, right and left
		Beginning back spin, up to two revolutions
		Half Lutz
		Salchow jump
		 Alternating Mohawk/crossover sequence, right to left and left to right
Free Skate 3	1:15 max.	Waltz three-turns, clockwise and counterclockwise
		 Advanced back spin with free foot in crossed leg position, min 3 revs
		• Loop jump
		 Waltz jump/toe loop or Salchow/toe loop jump combination
		 Forward power 3's, 2-3 consecutive sets, right or left
Free Skate 4	1:15 max.	Sit spin - minimum three revolutions
		Half loop jump
		• Flip jump
		Backward outside three-turn, Mohawk (backward power three-turn), both
Free Skate 5	1:15 max.	directions
		Camel spin - minimum three revolutions
		Waltz jump-loop jump combination
		Lutz jump
	1.15	Forward power pulls, right and left
Free Skate 6	1:15 max.	Split jump or stag jump
		Camel, sit spin combination - minimum of four revolutions total
		Waltz jump, ½ loop, Salchow jump sequence
		Axel jump



EVENT: Pre-Free Skate – Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions Mazurka
		Waltz jump
Free Skate 1	1:40 max	 Forward power stroking, 4-6 consecutive strokes Upright spin, entry from backward crossovers - minimum 4-6 revolutions Toe loop jump Half flip jump
Free Skate 2	1:40 max.	 Alternating forward outside and inside spirals on a continuous axis (2 sets) Beginning back spin, up to two revolutions Half Lutz Salchow jump
Free Skate 3	1:40 max	 Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half Loop jump Flip jump
Free Skate 5	1:40 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz-loop jump combination Lutz jump
Free Skate 6	1:40 max.	 Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, ½ loop, Salchow jump sequence Axel jump





EVENT: Introductory Levels Compulsory

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Skaters may have the option to skate one level higher in compulsories than their free skate program.

Level	Time	Skating rules/standards
Beginner	1:15 max.	Waltz jump It jump of shoirs
beginner	1.15 11188.	 ½ jump of choice Forward two-foot or one-foot spin - minimum three revolutions (free
		leg position optional)
		Forward or backward spiral
		Toe loop jump
High Beginner	1:15 max.	Salchow jump
		 Forward scratch spin - minimum three revolutions
		Forward or backward spiral



EVENT: Introductory Levels Free Skate Program

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front). Max. 2 jump sequences Max. 2 of any same jump 	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests





EVENT: COMPULSORY MOVES

- Elements skated on ½ ice
- Elements may be performed only once
- Music is not allowed

Level	Time	Skating rules/standards	
		Loop jump	
No-Test	1:15 max.	 Jump combination to include a toe loop (may not use a loop or Axel) 	
		 Solo spin - sit <u>or</u> camel spin - minimum three revolutions 	
		 Spiral sequence, must include a forward and backward spiral. Additional 	
		spirals and balance moves may be included.	
		Toe Loop jump	
Pre-Preliminary	1:15 max.	 Jump combination: single/single (no Axel) 	
		Sit spin or camel spin - minimum three revolutions	
		 Spiral sequence with one forward spiral and one backward spiral (any edge) 	
		• Lutz jump	
Preliminary	1:15 max.	 Jump combination: single/single (may include Axel) 	
		 Back upright spin - minimum three revolutions 	
		Forward inside spiral	



EVENT: WELL BALANCED PROGRAM FREE SKATE

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.

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Level	Time	Jumps	Spins	Step Sequences
No-Test	1:40 Maximum	 Max. 5 jump elements: Single jumps, with the exception of the single Axel, are allowed No single Axels, double jumps or triple jumps Maximum of 2 jump combinations or sequences Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is permitted Jump sequences limited to a maximum of 3 single jumps Half-loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	Max. 2 spins: • Spins may change feet and/or position • Spins may start with a fly • Minimum 3 revs. Spins must be of a different character (For definition see rule 4103E)	Step sequence* Must use one- half the ice surface Moves in the field and spiral sequences are permitted but will not be counted as elements. Jumps may be included in the
Pre- Preliminary	1:40 Maximum Vocal music permitted	 Maximum of 5 jump elements: All single jumps, including single Axel, allowed No double, triple or quadruple jumps allowed Axel may be repeated once as a solo jump, as part of a jump combination or jump sequence. (maximum of 2 single Axels) Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded Max. 2 jump combinations or sequences Jump combination with a maximum of 3 jumps is permitted. Jump sequences limited to a maximum of 3 single jumps ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	Maximum of 2 spins: • Spins may change feet and/or position. • Spins may start with a fly. • Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E)	step sequence One step sequenced that must use ½ of the ice surface. Moves in the field and spiral sequences are permitted, but will not count as elements Jumps may be included in the step sequence
Preliminary	1:40 Maximum Vocal music permitted	 Maximum of 5 jump elements: One must be an Axel or Waltz-jump type jump All single jumps, including single Axel, allowed. Only 2 different jumps may be attempted (limited to double Salchow, double toe loop and double loop) Double flip, double Lutz, double Axel, triple or quadruple jumps are not allowed An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of jump combinations or jump sequences Number of single jumps is not limited provided the maximum number of jump combinations or sequences Jump combinations are limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is permitted. Jump sequences limited to a maximum of 3 single or double jumps ½ loop is considered a listed jump with the value of a single loop when used in a sequence or combination 	 Maximum of 2 spins: Spins may change feet and/or position. Spins may start with a fly. Minimum of 3 revolutions These spins must be of a different character (For definition see Rule 4103 (E)	One step sequenced that must use ½ of the ice surface. Moves in the field and spiral sequences are permitted, but will not count as elements Jumps may be included in the step sequence



EVENT: Test Track Free Skate

- Skaters may <u>not</u> enter both a Well Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in () following the spin description. Revolutions must be in position.
- The following deductions will be taken:
- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 max.	 Maximum of 5 jump elements: Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only Maximum 2 jump combinations or sequences Maximum 2 of any same type jump 	Maximum of 2 spins: • Two spins of a different nature, one position only. No change of foot, no flying entry (Minimum 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre- preliminary free skate test.
Preliminary 1:40 max	 Maximum of 5 jump elements: Jumps with not more than one rotation (no Axels) Maximum 2 jump combinations or sequences Maximum 2 of any same type jump 	 Maximum of 2 spins: One spin in one position; no change of foot, no flying entry. (Minimum 3 revolutions) One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot) 	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test, but may not have passed tests higher than the preliminary free skate test.



ADULT EVENTS: This event can be used as a Compulsory or Program Event

Adult 1-6 Free Skate, Pre-Bronze and Bronze:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Adult 1		Adult 4
•	Falling and Recovery	 Forward outside edge on a circle, right and left
•	Forward Marching	 Forward inside edge on a circle, right and left
•	Forward two-foot glide	• Forward crossovers, clockwise and counterclockwise
•	Forward swizzle (4-6 in a row)	 Backward one-foot glides, right and left
•	Forward snowplow stop – two feet or one foot	Hockey stop, both directions
Adult 2		Adult 5
•	Forward skating across the width of the ice	 Backward outside edge on a circle, right and left
•	Forward one-foot glides	 Backward inside edge on a circle, right and left
•	Forward slalom	 Backward crossovers, clockwise and
•	Backward skating	counterclockwise
•	Backward swizzles, 4-6 in a row	 Forward outside three-turn, right and left
		Beginning two-foot spin
Adult 3		Adult 6
•	Forward stroking using the blade properly	 Forward stroking with crossover end patterns
•	Forward half-swizzle pumps on the circle, 6 to 8 in	 Backward stroking with crossover end patterns
	a row, clockwise and counterclockwise	 Forward inside three-turn, right and left
•	Backward skating to a long two-foot glide	• T-stop
•	Forward chasses on a circle, clockwise and	• Lunge
	counterclockwise	 Two-foot spin into one-foot spin
•	Backward snowplow stop, Right and Left	
Adult Pr	e-Bronze: Must have passed no higher than adult	Adult Bronze: Must have passed no higher than adult bronze
pre-bron	ze free skate test or pre-preliminary free skate test.	free skate test or the preliminary free skate test.
Time: 1:4	10 maximum	Time: 1:50 maximum
Refer to	the current U.S. Figure Skating Rulebook #4600 for	Refer to the current U.S. Figure Skating Rulebook #4590 for
specific r	equirements.	specific requirements.



SHOWCASE EVENTS:

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on <u>www.usfigureskating.org</u>.

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
No Test/ Pre-Preliminary/ Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40 max.



INTERPRETIVE PROGRAM:

Competition Format

The Organizing Committee must pre-select and edit musical choices appropriate for these events. During the warmup, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

Levels:

Levels should be broken by ability with ages divided appropriately.

Judging Rules:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.

Spins and jumps performed must be appropriate to competition level.

Time:

Music Duration: Pre-Free Skate - No Test: 1:00 Max

Pre-Preliminary - Preliminary: 1:00 Max

Coaching: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.



Compete USA Competitions

EVENT: Spins Challenge

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
		 Upright one-foot spin (3)
Beginner	1:30 max.	 Upright two-foot spin (3)
		• Sit spin (3)
		 Upright one-foot spin (3)
High	1:30 max.	 Upright two-foot spin (3)
Beginner		• Sit spin (3)
		 Upright one-foot spin (3)
No Test	1:30 max.	 Upright two-foot spin (3)
		• Sit spin (3)
		 Upright one-foot spin (3)
Pre –	1:30 max.	 Upright back-scratch spin (3)
Preliminary		• Sit spin (3)
		Forward scratch to back scratch spin (3)
Preliminary	1:30 max.	 Combination spin with no change of foot (4)
		• Sit spin (3)



EVENT: Jumps Challenge

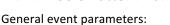
General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on ½ ice

Level	Time	Skating rules / standards
		1. Waltz jump (from backward crossovers)
Beginner	1:15 max.	2. ½ flip or ½ Lutz
		3. Single Salchow
		1. Waltz jump (from backward crossovers)
High	1:15 max.	2. Single Salchow
Beginner		Jump combination – Waltz jump-toe loop
		1. Single toe loop
No Test	1:15 max.	2. Single loop
		3. Jump combination – Any two ½ or single revolution jumps (no Axel)
		1. Single toe loop
Pre –	1:15 max.	2. Single flip
Preliminary		3. Jump combination - Any two ½ or single revolution jumps (no Axel)
		1. Single flip
Preliminary	1:15 max.	2. Single Lutz
		Jump combination – Any single jump + single loop (may be Axel)



Compete USA Competitions



- Levels are based upon the skaters' highest pattern dance test passed.
- A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
- The patterns to be skated depend upon which quarter of the year the competition is held. The skater will perform the two pattern dances listed for his/her level, based upon the date of the competition. If the competition falls over two quarters (for example, June 30th July 2nd), the dance will be selected based on the start date of the competition listed in the announcement (in this example, the 2nd quarter).
- Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	January March 3		April 1 [°] June 30		July 1 st Septem	– Iber 30 th	October 1 st – December 31 st
Preliminary	1.	Dutch Waltz	1.	Rhythm Blues	1.	Canasta Tango	1. Rhythm Blues
	2.	Canasta	2.	Dutch Waltz	2.	Rhythm Blues	2. Dutch Waltz
		Tango					
Pre-Bronze	1.	Swing Dance	1	Fiesta Tango	1.	Cha-Cha	1. Swing Dance
	2.	Cha-Cha	2	Swing Dance	2.	Fiesta Tango	2. Cha-Cha



EVENT: Compete USA Team Compulsories

Format:

The designated skater from each team will perform their chosen element in sequence on full ice, with no music, and will follow this format:

- 1. Minimum of three skaters on a team; each skater will do at least one required element.
- 2. When the event is called, all skaters will take the ice for a two (2) minute STROKING ONLY warm-up.
- 3. This will be followed by a one (1) minute individual warm-up for the elements.
- 4. Teams will be directed to find a "base" for their team along the boards on the ice where they will stay for the remainder of the event.
- 5. The announcer, referee or judge-in-charge will call the first element (e.g. jump or stop) to be performed.
- 6. The team member performing the element will step forward and execute the skill, with the element first being performed by the skater on team one, then team two, then team three and so on
- 7. Once all the teams have had their skaters complete the element, the next element will be called.
- 8. Judging is done with one mark for each element (skater) for total team points.
- 9. Repeat #4-7 above as this will be done in sequence until all the elements at each level are completed.

COMPETE USA LEVELS (SNOWPLOW SAM, HOCKEY, BASIC, PRE-FREE SKATE AND FREE SKATE)

Level	Jumps / Stops	Spins / Turns / Glides	Spiral or Step Sequences
Snowplow Sam – Basic 3, Hockey 1-4	 a) Wiggles, two-foot swizzles, forward or backward, (4-8 in a row) b) Snowplow stop (one or both feet) or hockey stop (with skid) 	 a) Curves, glide turns, or hockey turns (right and left, forward) b) March then glide on two feet or forward one-foot glide on left and right foot (one time skater's height, forward) 	a) Forward ½ swizzle pumps or forward c-cuts on a circle (right and left, 6-8 consecutive)
Basic 4-Basic 6	a) Side-toe hop, bunny hop, ballet jump, mazurka b) Waltz jump	 a) Forward inside pivot or two-foot spin (min. 3 revs.) b) One-foot upright spin, optional entry & free foot position (min. 3 revs.) 	a) Moving forward to backward two-foot turns on a circle, clockwise and counterclockwise (from Basic 3)
Learn to Skate USA Pre-Free Skate and Free Skate 1-6 levels	a) Single jump (no Axel) b) Jump combination or jump sequence (no Axel allowed)	 a) Solo spin (scratch spin, layback, camel or sit, min. 3 revs, no flying entry) b) Combo Spin: One change of foot, change of position optional (min. 3 revs. on each foot) 	a) Spiral Sequence (from Free Skate 2)



LEARN TO SKATE USA SYNCHRO SKILLS 1 – 3

In order to safely practice and compete at the various levels, it is strongly recommended that skaters have mastered the elements of the Learn to Skate USA level at which they are skating. (See program requirements.)

Eligibility Rules: All skaters on the team must either be full U.S. Figure Skating members or members of the Learn to Skate USA program. All Learn to Skate USA Synchronized Skating teams must be registered with U.S. Figure Skating and have a team number.

In order for the team to be eligible for this event, no skaters on the team may have passed higher than a preliminary test (moves in the field, freestyle or dance). The skaters' test level is as of the competition entry deadline.

No skater may compete on multiple Learn to Skate USA synchronized skating teams.

Age/Number of Skaters: Varies based on the level. The ages for Learn to Skate USA synchronized skating teams are as of the preceding July 1. If the majority of team is younger than the listed age, consider skating "up" to the level that best meets the skaters' skill levels.

Each team may have between 8-16 skaters. Teams may have a total of four athletes on their roster in addition to the maximum number permitted on the ice for their respective level.

Costume Rules: Learn to Skate USA synchronized skating teams should follow **Rule 7022 Clothing and Equipment** (U.S. Figure Skating Rulebook) when selecting their clothing for competition.

Coach Compliance: Coaches bringing their Learn to Skate USA synchronized skating team to a Compete USA competition should have, at a minimum, the Learn to Skate USA Instructor Membership, background check and complete the Learn to Skate USA Instructor Certification.



LEARN TO SKATE USA SYNCHRO SKILLS 1-3

The synchronized competition program is also part of the Learn to Skate USA program. The Compete USA competition program is for Learn to Skate USA level skaters who are interested in a first competition or "team" experience, taking the Synchro 1-4 badges a step further. Synchro Skills teams compete at Learn to Skate USA competitions and nonqualifying synchronized skating competitions around the country.

Required elements – Each level has specific required elements that must be completed:

LEVEL	CIRCLE	LINE	BLOCK	WHEEL	INTERSECTION
SYNCHRO SKILLS 1 8-16 skaters, majority under 9 years old Maximum 2 minutes 10 seconds	One circle, which must contain a two foot turn. Must contain a forward inside and/or forward outside edge glide. Stroking from backward to forward is permitted.	cover half ice to full			One intersection: Two lines facing each other, 2-foot glide at point of intersection.
SYNCHRO SKILLS 2 8-16 skaters , majority under 12 years old Maximum 2 minutes 10 seconds	One circle, which must contain a forward 3-turn and must contain a backward inside and/or backward outside edge glide.	must cover full ice and may include	One block, which must cover the ice and must have 1 or 2 configurations.	One wheel of the team's choice with backward pumps and chasses.	One intersection: Two lines facing each other, 2-foot or 1-foot glide at point of intersection.
SYNCHRO SKLLS 3 8-16 skaters, majority at least 12 years old Maximum 2 minutes 40 seconds Minimum of two different hand holds	One circle, which must contain a mohawk and must contain a backward inside and/or backward outside edge glide.	Line element, which includes a change of configuration (1 line to 2 lines or 2 lines to 1 line), and must cover full ice and must include forward and backward skating.	configurations.	Wheel element of the team's choice with backward pumps, chasses, or crossovers.	lines facing each other, 1-foot glide or forward

The emphasis of the Learn to Skate USA synchronized skating competition is on mastering the Synchro Skills of synchronized skating:

- Unison of body alignment, and learning to guide with the head.
 - Control of rotation in wheels and circles.
 - Straight lines in lines, blocks and intersections.
 - Learning how to transition within elements with ease and clarity.
 - Incorporating skills from Basic 1-6, Pre-Free Skate and Free Skate 1 to strengthen skating skills.
 - Learning skills that will be the foundation for higher levels.
 - Demonstrate ability to recognize and skate to the tempo of the music.

Restrictions in Synchro Skills 1 & 2:

- Additional elements are not allowed (the team must do only their required elements).
- Teams may only use hand-to-hand, shoulder-to-shoulder and choo-choo holds.
- Wheels and circles may not travel, change rotational direction or change configuration.
 - Lines may not pivot.
- Synchro Skills 1 teams may not do steps higher than Basic 5, with the exception of forward chasses.
- Synchro Skills 2 teams may not do steps higher than Free Skate 1, with the exception of forward chasses.

Restrictions in Synchro Skills 3:

-No traveling within elements (change of configuration and rotational direction are allowed).

Restrictions in all levels: All of the synchronized skating "illegal elements" found in Rule #7160 of the U.S. Figure Skating Rulebook.

Please reference http://usfsa.org/programs?id=84096&menu=synchronized for most up-to-date Learn to Skate USA Synchronized Skating rules



SNOWPLOW SAM SYNCHRO

We are piloting this competitive event at Compete USA competitions. This will not be offered at synchronized skating nonqualifying competitions this season.

LEVEL	CIRCLE	LINE	BLOCK	WHEEL	INTERSECTION
Snowplow Sam Synchro 5-12 skaters, majority under 7 years old Maximum 2 minutes 10 seconds	One circle, which must contain a forward inside or outside edge 1 foot glide. May have backwards skating.	One line, skated forward, which must cover half ice to full ice.		One wheel, skated forward, in any shape.	

Backwards skating is allowed, but not required, in the circle and is not permitted in any other elements or transitions. No additional elements are allowed.

7270 Preliminary Synchronized Skating

- A. Test qualifications as of the closing date for entries: None
- B. Requirements as of the preceding July 1: 8-16 skaters who are under age 12 with the majority of skaters under age 10

	PRELIMINARY SYNCHRONIZED WELL-BALANCED FREE SKATE				
2:00 +/- 10 seconds Must contain the following five elements in any order					
BLOCK	One block element				
CIRCLE	One circle element				
INTERSECTION	One intersection element (forward only)				
LINE	One line element				
WHEEL	One wheel element				
and must be shown All elements must a Other elements may Creative innovation program component The team must pred and transitions. Add requires, such as pr without the reasons	dominantly act as one unit. Division of the team into several units is allowed during the creative element ditionally, several units can be used as short transitions if the element following the transition so reparation for an intersection or the beginning of a creative element. Excessive division into small groups s mentioned above is not according to the requirements.				

- pattern is permitted in elements and transitions.

- Syncopated choreography may be used.
 For illegal and non-permitted elements, see rules 7160 and 7170.
 Definitions of general terms, steps and turns, features and requirements and additional features/extra features can be found in rules 7110-7140.

Snowflake Classic Competition Entry Form

Name				Age	Sex
Last		First	City		
Address					
State Zip Emai	l Address				
Area Code/Phone #		Bi	rth date_		
U.S. Figure Skating number		High	nest Level	Passed	
Program/Club Affiliation					
Director's/Instructor's Name 8					
Please check the event(s) you					
Basic Elements:		sic Free Skat			
Snowplow Sam				Basic 5	
		Basic 1		Basic 6)
		Basic 2			
Basic 3		Basic 3			
Basic 4		Basic 4			
Free Skate Compulsory Event:	Free Skate Program	n Event	Introdu	ctory/Well B	alanced Compulsory
Pre-Free Skate	Pre-Free Sk			Beginner	
Free Skate 1	Free Skate 1			High Beginne	۶r
Free Skate 2	Free Skate 2				
Free Skate 3	Free Skate 3	3		Pre-Prelimina	ary
Free Skate 4	Free Skate 4	4		Preliminary	
Free Skate 5	Free Skate S	5			
Free Skate 6	Free Skate 6	6			
Introductory Levels FS	Well Balanced Pro	gram	Interpre	tative	
Beginner	No Test		-	Pre-Free Skat	te
High Beginner	Pre-Prelimin	nary		Free Skate 1	
0 0	Preliminary	•		Free Skate 2	
	Test Track Program	FS		Free Skate 3	
	Pre-Prelimin	nary		Free Skate 4	
	Preliminary			Free Skate 5	
				Free Skate 6	
Spins Challenge	Jumps Challenge			Beginner	
Beginner	Beginner			High Beginne	er
High Beginner	High Beginr	ner		No Test	
No Test	No Test		F	Pre-prelimina	ıry
Pre-Preliminary	Pre-Prelimi	nary	F	Preliminary	
Preliminary	Preliminary				
Colo Dattorn David					
Solo Pattern Dance					
Preliminary					
Pre-Bronze					

ENTRY FEE IS \$65 PER EVENT, and \$15 PER EACH ADDITIONAL EVENT

First Event		\$
Additional Event		\$
Additional Event		\$
Practice Ice	# of sessions	\$
PAPER APPLICATION	FEE \$5.00	\$
Total:		\$

The completed entry form, with fees, must be postmarked no later than Sunday, October 15, 2017.

Make check or money order payable to Glenwood FSC and mail to: Deborah Swanson, 12212 South 68th Court, Palos Heights, IL 60463. For questions about this application contact Deborah Swanson at <u>kramerswanson@att.net</u>.

ENTRY FEES ARE NOT REFUNDABLE AFTER OCTOBER 15, 2017 UNLESS AN EVENT IS CANCELED.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds the Southwest Ice Arena and Glenwood FSC harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature	Date
Competitor Signature	Date
Instructor/Coach Signature	Date
Program Director/Club Officer	Date

SYNCHRONIZED / SHOWCASE SKATING ENTRY FORM Snowflake Classic – Sunday, November 12, 2017

ENTRY FORM 1: Team Information

Team name:		U.S. Figure	Skating #:	
Club: (if applicable)				
Team contact person:				
Daytime phone number:		E-mail:		
Address:		City		State / ZIP
Primary coach:			U.S. Figure	Skating #
Daytime phone number:		E-mail:		
Number of skaters:		Number of alter	nates:	
Synchronized Skating Levels: LTS Synchro Skills 1 LTS Synchro Skills 2 LTS Synchro Skills 3 Preliminary		Beginn	1-6 e Skate-Free er/High Begin st/Pre-Prelim	•
Entry Fee: Enclosed is \$ for beginner events \$ for competitors	\$ 5 per skate	m / beginner/pre er / beginner/pre	liminary ever	
Checks should be made payable to:		Glenwood FSC		
Please send all forms and fees to:		Deborah Swan th Court, Palos He		63
All fees and entry forms must be Received by:	Sun	day, October 1	15, 2017	

Beginner teams may choose to represent either a full member club or a U.S. Figure Skating Learn to Skate school/program.

SYNCHRONIZED SKATING / ENTRY FORM Snowflake Classic – Sunday, November 12, 2017

Name of the team:

Name of the club of program represented:

TEAM ROSTER

(Please list skaters in alphabetical order. It is not necessary to indicate who is an alternate).

Skater's name	Membership #	Age	Signature of skater / parent if under 18

ENTRY FORM 3: Liability Waiver / Certification by Club Officer

Team Name:	Level:

U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.

Skater's name in alphabetical order	Skater signature or parent / guardian (if skater is under 18)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
Alt. 1	
Alt. 2	
Alt. 3	
Alt. 4	

Club officer or skating school director: All of the skaters listed on the team entry form are to the best of my knowledge, eligible members in good standing and eligible to compete under U.S. Figure Skating or Skate Canada rules.

Print Name:	Signature
Title:	
Club or Basic Skills program name:	